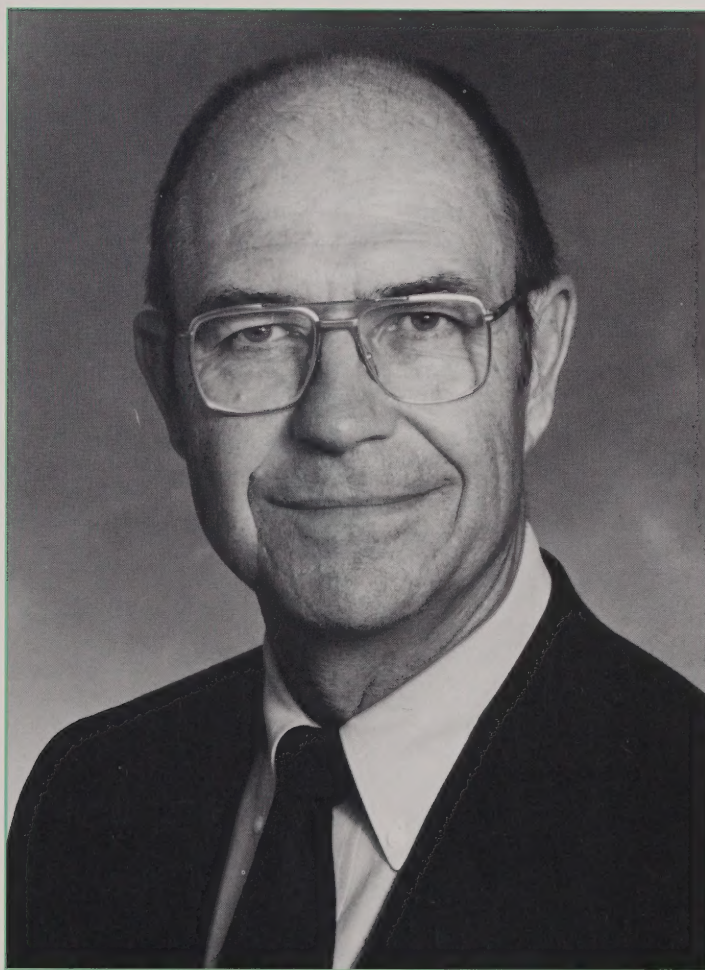


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SPRING 1999



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Hampden Hippocrat

SPRING 1999

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The official bulletin for The Hampden District of the Massachusetts Medical Society. Founded in 1942 by Edward P. Bagg, Jr., M.D. and William A.R. Chapin, M.D.

PAST EDITORS: Max Millman, M.D., John C. Ayres, M.D., Walton E. Stevens, M.D., Vivian M. Purdy, Walter J. Pacosa, M.D., William J. Baker, M.D., Terry D. Ryan, M.D., Nicholas P.W. Coe, M.D., Donald J. Higby, M.D., Brigid K. Glackin, M.D.

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Hampden District Medical Society

1111 ELM STREET
WEST SPRINGFIELD, MASSACHUSETTS 01089-1540
TEL. 736-0661

Member Questionnaire

The Hampden District Medical Society Executive Committee would like to encourage all members who are interested in becoming more involved in shaping our future to not be shy and let us know.

Share your ideas or your time or both.

Participation is the key to explore opportunities which will make a difference in the lives of our patients, physicians and the practice of medicine.

With videoconferencing technology available from Holyoke to headquarters in Waltham having your voice heard is now as easy as making a telephone call. Get involved, help create the future.

A volunteer member organization is only as good as it's members make it.

Please indicate if interested in participating in any of the following committees or positions.

District Committees / Positions:

Executive___ Ethics and Mediation___ Medical-Legal___ Medical-Religious___ Legislative___
Membership___ Nominations___ Public Health___ Editorial Board Hampden Hippocrat___
Auditing___ Impaired Physicians___ Insurance___ By-Laws___
Hampden Delegate: MMS House of Delegates___
District Trustee to the MMS Board of Trustees___
Officer: Secretary___ Assistant Secretary___ Treasurer___ Vice President___ President-elect___

State Committees: District Appointed:

Legislation___ Tax Supported Medical Care___ Nominations___ Membership___

State Committees: Appointed by the MMS President-elect:

*There are 35 different committees. For a full list of opportunities to become involved contact Suzanne Skibinski at the district office. Presently Hampden District members have appointments to the following committees:

Finance___ Geriatric Medicine___ Information Technology___ Managed Care___
Maternal & Perinatal Welfare___ Public Relations___ Sponsored Programs___
Student Health & Sports Medicine___ Violence___ Women in Organized Medicine___
Young Physicians___ Impaired Physician___ Task Force on Physician Profiling___

State Positions:

Massachusetts AMA Delegate/Alternate Delegate___
Organized Medical Staff Section Representative (OMSS)___
(Hospital: _____)

To increase the efficiency of our staff and monies please provide the following:

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(please indicate if address is: Office___ Home___)

Phone (office)_____ (home)_____

Please indicate via which route(s) you would prefer to receive notices and other information:

Fax (___) _____ - _____ Mail (y)___(n)___ e-mail address _____

You may fax your questionnaire to HDMS at 731-8990 or mail to the above address.

HDMS and the MMS are member governed organizations. Physician members representing all physicians are working together proactively to protect the health and welfare of the patients and physicians of the Commonwealth of Massachusetts.

5th Annual Community Baby Shower

The Springfield Department of Health & Human Services Maternal Child Health Commission in collaboration with other Hampden County Health & Human Services Agencies will sponsor the 5th Annual Community Baby Shower on Saturday, May 8, 1999 at the Springfield Civic Center from 12:00 p.m. to 4:00 p.m. Based on the entertaining format of real baby showers the Community Baby Shower will provide pregnant women, new parents and their families with the latest in health and safety information designed to promote healthy, happy children and their families. Some of the topics will include the ill effects of tobacco use, pre-post natal care, nutrition, car seat safety, parenting skills, immunizations, breast feeding, dental care for babies, child CPR, what to do in an emergency and more. This event is free and door prizes, raffles, refreshments and child care will be provided. For more information call: Shelda McLaurin (413) 750-2060.

Assistance for Post-Polio Patients

A post-polio support group has been formed and runs regular meetings at the Baystate Ambulatory Building at 330 Main Street in Springfield every fourth Saturday of the month, from 10:30 A.M. to noon. Contact person is Carroll Dwyer, at (413) 732-4895 or Pat Drumm of the Baystate Social Work Department. A documentary tape is also available for loan or purchase. All interested persons are welcome.

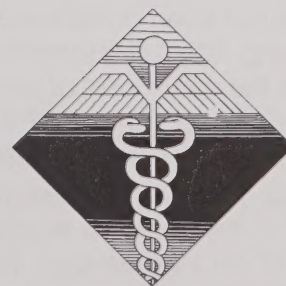
From the Editor

Since our last Hippocrat, the Hampden District Medical Society office staff has changed. You will find stories about our retiring executive director, Carol Nystrom, as well as our new executive director, Suzanne Skibinski, and administrative assistant, Anne Marie Fitzgerald-Rosenberg, inside.

The executive committee has made recommendations concerning changes in the Hippocrat, including instituting a more active editorial board and the establishment of a longer term planning process. With these and, hopefully, some more participation from a broader sampling of the membership and others, we hope to be able to bring you a regular array of helpful articles in such areas as medicolegal issues, office tips and managed care for example.

In the meantime, as always, please let our advertisers know you saw their ads in the Hippocrat.

*Dennis S. Gordan, M.D.
Editor*



President's Message – “Role Call”

by Claudia L. Koppelman, M.D.

A few years ago I was asked, how has the role of physicians changed? I responded from a practicing physicians' perspective . . . Our “role” had not changed, but rather “*how we performed*” our role. The patient-physician relationship, at the core, is the essence upon which our professional work is based and has not changed since the professions' origin.

A physicians' role as *listener, gatherer of information, interpreter, educator, advisor, consoler, and decision maker* is all based on that interaction.



The “role” is the same, what has changed is everything beyond the exam room and the effective impact the outside world has had on performing the duties of our role as physicians. I fundamentally still agree with those thoughts, but what I had not even considered at that time was the eroding effect corporate America was having on the very “*role*” of physician.

Over the past ten years, we have all seen how the use of marketing power has succeeded in shaping the medical world into a model needed for the business world to triumph. The concept of an independent professional being allowed to make decisions that impact on the bottomline of a Corporation is unacceptable,

therefore eliminate the independents . . . merge . . . employ . . . gain control.

Reduce the importance of the position of physician. Impose quotas to meet business plan goals. Apply pressure through contract inequities to make physicians comply. Then assert that other alternative providers can simply take over most of the job duties of the physician, of course for less money . . . which will save health care dollars for the consumer . . . ?

Saving money being the focus.

Shifting money in reality from patient care to increase profits for Corporate executives. Through marketing techniques, corporate entities have in effect reduced the importance of the Patient-Physician relationship, they have effected a change in the ROLE itself . . . !

I doubt this evolution occurred due to conscious manipulation but rather as a mere consequence of the corporization of medicine. The result though is the same . . .

Physicians are equated to workers, pawns to be manipulated . . . interchanged without concern to the impact on the consumer, because even the patient's role has been redefined. Any “provider” can do the same job for the “consumer” of healthcare dollars.

Corporate healthcare in America has eliminated the “HUMAN” component because it is too variable. They can not control it . . . ! The ethics of economics has eliminated the ethics of the humanities upon which the practice of medicine is based.

The eight minute encounter may fit a business model but not a realistic one for the delivery of complex medical care.

It often takes ten minutes before a patient feels comfortable to even talk about the real reason for their visit, or until the physician can gather enough information to form a working diagnosis, communicate with the patient, which includes discussing the differential diagnosis, plans for workup and answer any questions the patient may ask, otherwise known as informed consent, and then there is the documentation of

that encounter. The medical record, chronological notes by the doctor documenting on-going medical care given to a patient. Notes for reference purposes to be used by the physician to render medical care for their patient and not an encyclopedia of information repeated at each and every encounter to justify reimbursement.

E & M codes . . . bullet counting, wasted time putting extraneous words on paper or no pay. Advances in technology such as data entry into computers preoccupies and often replaces the hands on care nurses used to render patients. Comforting patients is not accounted for in the medically necessary category therefore staffing requirements are being reduced by time management experts, and years of nursing experience is a salary liability as a role of nurse is transformed into a robotic performance worker.

All for the sake of saving money . . . for whom . . . at whose expense?

Expectations and reality though have not followed a parallel course creating a complex paradox.

So what can we do . . . ?

Our options include believing that this is the way medicine is to be practiced if the profession is to survive, which unfortunately due to lack of insight regarding the problems has led to frustration, apathy and resignation to the powers that be.

Or . . . believe in ourselves and "our" beliefs and use the power we have as a profession and not relinquish our "role".

What can we do to return the "Role" in all respects to the physician . . . ?

Use the most powerful advantage we alone possess . . . *our knowledge*.

We can easily become educated in other fields of knowledge affecting the delivery of healthcare quicker than others could learn, if ever, to understand the complexities of the human being and the practice of medicine.

We can effect a change, and return the practice of responsible medicine to those who were chosen by society to take care of the total human being, by simply practicing good medicine, by educating others and by not allowing ourselves to be influenced by those whose interests are based in *banks* not in *patients*.

With effective educationally oriented marketing, physicians can change the economic equation back to where it should be, with our patients interests being served first.

And, with the help of responsible legislative initiatives we can stop the greed and selfishness that has predominated the healthcare arena and redirect the so called "savings" back to patient care.

The time has come to let the world in on a professional secret . . .

no one becomes a lifetime student,
attends four years of college,
pursues graduate studies for four years at
medical school,
manages to survive an additional three to
five years or more of residency and
fellowship training,
purposefully delays gratification,
places patients needs before personal
needs,
continues to work despite being sleep and
food deprived,
assumes the responsibility of medically
attending another human life,
accepts the challenges and consequences
of making decisions on a daily and
often emergency basis . . . real . . . life and
death decisions,
tolerates all the inequities that make the
practice of medicine increasingly more
difficult,
becomes licensed for the privilege of
"touching" in all respects another human,
if that person did not truly enjoy and want
to practice the "Art of Medicine!"

The "ROLE" of physician has been changed,
but OUR role as physicians and our responsibilities
have not. It's OUR job to reconcile this
difference.

Who we are and who we want to be are not
isolated entities,

Our souls are forever being enriched and strengthened
By the experiences and people who touch our existence.

To be open to receive from those who willingly give,
For both can be rewarding,
But to selfishly take from those who give,
Leaves you standing alone

with nothing.

clk

From the Executive Director's Desk

by Suzanne T. Skibinski

It is with mixed emotion that I begin my position as Executive Director of HDMS. Unhappy since I only had the privilege of being associated with Carol Nystrom for a short period of time prior to her well deserved retirement. On the other hand, I'm excited to embrace the challenges that lie ahead.

During this year, I plan to increase awareness of the many benefits provided by this Society to our district's physicians, both members and especially non-members. Also, in addition to a recruitment effort for "new" members, I hope to recruit "existing" members to serve on one of our many committees as well as on a new Editorial Board which will be formed for this magazine. In this regard, while we are very grateful to the commitment exhibited by the physicians (with busy practices, spouses, and families) currently serving on Committees, new, fresh faces would be most welcome. Please call the Society office if you would like to serve.

The success of our Society rests with the understanding that we are one team working toward a common goal. The partnership of staff, executive board members, committee members, physicians and their families, the medical community, various organizations, etc. is what has enabled us to experience our past success.

The Society's past accomplishments belong to all of you and the future rests with your ongoing commitment, dedication and support.

Thank you for where we have been and for where we are going. I'm looking forward to sharing an eventful year with all of you and welcome your input and suggestions.



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MMS hosts Regional Women's Forum

Submitted by: Winnie Legere, Regional Co-ordinator MMS



On October 26, 1998, the West Central Regional Office of the Massachusetts Medical Society hosted its first regional women's forum. The evening allowed members from different districts within the west central region of the state to come together to meet and enjoy each other's company and share thoughts and ideas. Claudia Koppelman, M.D, President of the Hampden District offered opening remarks to those attending. Janice Oliveri, M.D., of the Berkshire District,

welcomed the group of over 20 women and introduced the evening's speaker, Carol Shilliday, Psy.D.. Doctor Shilliday presented a spirited and timely talk entitled, "After Hours - Who's Taking Care of the Doctor: Stress Management and Self Care for the Woman Physician of the 90's." Evaluations completed by the group indicate that other forums can be expected! Please call the WCRO at 534-1100 if you have thoughts or suggestions.

MMS House of Delegates Meeting

by Francis O. Horrigan, MD

The interim meeting of the MMS House of Delegates was held November 5-7, 1998 at the Hyatt Regency Hotel in Cambridge, a lovely facility overlooking the Charles River and the Boston shoreline.

Though a delegate for many years, this was my first opportunity to serve on a reference committee: a forum for debate on several related resolutions generated by members accompanied by as much background information as the MMS staff can generate. A delightful orientation dinner held the first evening, hosted by the Speaker and Vice-speaker, taught us all how the reference committee functions.

The next day before breaking out to the various committees, Dr Lewers, AMA Trustee, reviewed issues of violence against physicians and how the AMA is approaching the problem, a sadly timely topic in the wake of the murder of Dr. Slepian.

The four committees debated, deliberated and recommended on fifty plus resolutions dealing with mundane bylaw issues, physician relationships, managed care issues and ethics, all the way to global issues of international practice venues and "cyber-practice".



Dr. Mark J. Mullan, Dr. Francis O. Hornigan

This all took most of the day and late into the evening as the staff prepared all this into useful reports ready for the next day's session. The next day the four committees presented their reports and recommendations to the House where the delegates determined the action on the resolutions.

After a pleasant lunch Dr. Paul Zainecnik reviewed the advances in the genome study as well as potential clinical applications. He made a very complex area quite understandable.

It would be remiss not to publicly admire the staff of the MMS for the planning, organization, security, and ambience which enabled this meeting to run so smoothly as to accomplish so much work in less than 48 hours.

The reference committee experience underscores for me the awesome task of the MMS and all of organized medicine to become an effective voice for physicians and patients in a bewildering variety of practice settings, professional relationships, and ethical contexts.



New Office Staff Bring Fresh Enthusiasm to Hampden District

submitted by Dennis S. Gordan, M.D. Editor

Two new staff people at the Hampden District office have already been working with the executive committee to improve the District's operation and image. Suzanne T. Skibinski has taken over as Executive Director and Anne Marie Fitzgerald-Rosenberg as Administrative Assistant.

Ms. Skibinski had worked for the City of Springfield in the Health and Human Services Mature Workers Program as an Employment Counselor immediately before joining HDMS.

Her prior experience included running her own business, managing an acupuncture center for 10 years, and a sixteen-year association with Estee Lauder Cosmetics with training and marketing responsibilities.

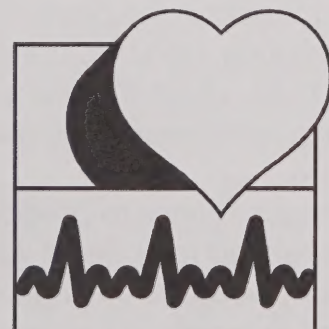
She lives in Chicopee with her husband, and enjoys walking, traveling and spending time with friends, her two married children and their families, including three grandchildren.

Ms. Skibinski hopes to publicize the benefits provided by HDMS. Recruiting new members to the Society and bringing more present members into committees including the Hippocrat editorial board, are two priorities of hers. She encourages readers to call the office, so she can help each member to work toward the improvement of the Society.

Ms. Fitzgerald-Rosenberg, a Springfield native, graduated from Cathedral High School. She earned her Associate in Science degree in Dental Hygiene from Northeastern University/Forsyth School for Dental Hygienists in Boston and worked for eleven years as a Dental Hygienist. She earned her Bachelor in Arts degree in English from Mount Holyoke College in South Hadley and is now pursuing graduate work in English at the University of Massachusetts, Amherst.

She worked for an intercultural exchange program for two years as a Receptionist and Assistant Hosting Coordinator prior to coming to HDMS.

Ms. Fitzgerald-Rosenberg makes her home in Springfield where she enjoys walking, needlework, music and reading. She also enjoys visiting with her friends, her mother and her daughter who is now a first-year student at Mount Holyoke College.



Winter Meeting

submitted by Dennis S. Gordan, M.D.

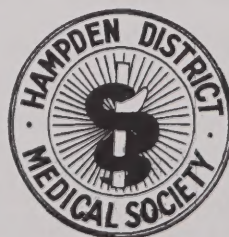
Change, Challenges, and Opportunities emphasized at the Winter HDMS meeting. Dr. Thomas Reardon of Boring, Oregon, the AMA President-Elect delivered the major talk of the evening at the Springfield Sheraton on January 26, following and seconding the remarks of Hampden District's own president, Dr. Claudia Koppelman. The event was attended by Massachusetts Medical Society dignitaries as well as representatives from Worcester District, the New Hampshire Medical Society, local state senators and representatives, and the press, as well as Hampden District staff and membership. Dr. Reardon reviewed the medical history of technology development, which he felt had been the greatest determinant of the increase in health expenditures. He discussed the AMA's activities in the areas of patients' rights, health system reform, the Evaluation and Management guidelines, Fraud and Abuse, Antitrust Reform, Privacy and Confidentiality, and Quality and Performance issues. He felt, as had Dr. Dickey last year, that medicine has a chance now to regain control of the healthcare enterprise, particularly through leadership in the areas of quality and performance, and had concern with Jefford's Bill, which threatens to allow the federal government to set quality standards.

Of particular interest to physicians, were issues related to patients' rights, including full disclosure, elimination of gag clauses, independent review

processes and accountability of insurance companies (allowing for malpractice actions to be brought against insurers who make medical decisions).

In health system reform, the AMA is working to get individual workers their own choice of an expanded range of insurance options, preferably through a defined contribution by the employer. The individual could elect a more expensive insurance plan if willing to pay the difference. It appears that not HCFA, but congressional staffers, are behind the push for greater review of claims and auditing of records. The threat of fraud and abuse charges for incorrect coding is felt to be a reasonable way to wring a windfall of billions of dollars out of expenses. It appears that other arms of the government's understanding of coding remains inexact, but Congress seems willing to use physician uncertainty to decrease claims. Clear and complete record-keeping remains the best defense against not only malpractice, but audits.

Following his talk, Dr. Reardon fielded a number of questions from the audience and accepted a token of appreciation from the District.



Progress in Obstetrics & Gynecology

1960-97 or A Review of Two Books

by Francis J. Riley

Remaking Eden. Cloning and Beyond In a Brave New World. Lee M. Silver. Avon Books, 1997. 317 pages. \$25.

Clone. The Road to Dolly and The Path Ahead. Gina Kolata. Morrow, 1998. 286 pages. \$23.

My own specialty of Obstetrics and Gynecology must have improved its academic standing since I graduated from medical school. Obstetrics especially was considered hardly scientific and not really medical, unlike Internal Medicine or General surgery. Only the less bright and serious medical students were supposed to be even interested in the field, let alone go into it for a life's work. Besides, it dealt with women, who used to be second class citizens! (No right to vote until 1920).

Fortunately, time has changed all that, as real progress began to be made in the whole area. Foremost, in my lifetime, at least until now, was the introduction of oral contraceptives, in 1960, by Gregory Pincus, at the Worcester Institute for Experimental Biology, in Shrewsbury, MA, and by John Rock of Boston. Not only did the medications become part of "the sexual revolution" in this country, but also they undoubtedly boosted feminism and the liberation of women.

Next, in the same 1960's, following the lead of Alfred Kinsey and his Institute for Sex Research at Indiana University, in the

'40's and '50's - W.H. Masters and Virginia Johnson, in St. Louis, MO, shook us all up, including the conservative medical profession, with their books and sex-counselling techniques. "Human Sexual Response" was published in 1966 and "Human Sexual Inadequacy" in 1970. Both Kinsey et al. And Masters and Johnson managed to educate America and liberate it from many of its old sexual inhibitions - until Ken Starr and Co. came along 30-years later!

The next major advances in Obstetrics and Gynecology came from Patrick Steptoe and Robert Edwards of England. Steptoe had bodily taken up laparoscopy from France and West Germany, in 1958-59, as a simple and safe substitute for open laparotomy, for diagnosis in investigating infertility. (We all know how operative laparoscopy exploded, in the 1980's and '90's, in both gynecologic and general surgery.) 20-years later, in 1978, Steptoe, the gynecologist, joined up with Edwards, the Cambridge scientist, studying human ova and embryology. After 10-years of experimentation and research, their collaboration produced the first "test-tube baby" of all time, Louise Joy Brown, on July 25, 1978. In-vitro fertilization, or IVF, was born, and later, thousands of babies more, to infertile women the world over. As a matter of fact, IVF went on, in the next 10-years, to

replace most treatment for infertility, with a few surgical exceptions.

Finally, on July 5, 1996, 2 1/2 years ago, arrived the latest and possibly greatest advance in Reproductive Biology, if not in all Biology, in the form of the lamb clone, Dolly. The amazing birth of Dolly was not actually reported to the world, in "Nature" magazine, for another 7-months, until February 1997, because of a patent application!

The first book being reviewed, by Lee Silver, was published in 1997, and the second, by Gina Kolata, in 1998. While the biologist, Silver's, book probably is superior because it is more scientific and comprehensive, Kolata's the "New York Times" science writer, is more readable and concerns itself more exclusively with the whole cloning story. Silver, as professional scientist and teacher, managed, in a handful of pages, to go all the way from the beginning, answering, "What Is Life?" and "Where Does Life Come From" - to "Creating Life," using "Babies Without Sex," "In Vitro Fertilization and The Dawn of A New Age," and "Frozen Life" - and finally to cloning with all its possibilities and consequences. He refers particularly to "the incredible power that emerges when current technologies in Reproductive Biology and Genetics are brought together in the form of "Reprogenetics." Silver is to be commended for his immediate and authoritative grasp of this large and complicated subject. However, his projections of many of the developments and consequences for the next 1,000 years, to 2,997!, Left this reviewer not only breathless but also a little dubious, as if dealing with science fiction. Even my own literary hero, Aldous Huxley, admitted in 1946 that he had made mistakes in his

"Brave New World" in 1932, just 14 years before.

While Kolata's book may seem less ambitious, with all ten chapters covering successive phases of the development of cloning, she tells her story well and definitively, with few of Silver's predictions for the future. She reports only what was learned in less than 100-years in embryology - all essentially animal, not human - culminating finally in the successful cloning of the little lamb, Dolly. The long and tedious work was done principally by a 52-year-old, English embryologist, Ian Wilmut, at the Roslin Institute in Roslin, Scotland, just south of Edinburgh. "Dolly was a clone. She was created not out of the union of a sperm and an egg, but out of the genetic material from an udder cell of a 6-year-old sheep. Wilmut fused the udder cell with an egg from another sheep, after first removing all genetic material from the egg. The udder cell's genes took up residence in the egg and directed it to grow and develop." (Kolata.) The embryo formed was eventually transferred to the uterus of a third sheep, which served as Dolly's surrogate mother. "The result was Dolly, the identical twin of the original sheep that provided the udder cells, but an identical twin born 6-years later." (Kolata). "To clone, Wilmut used methods his research group and others had been developing for more than a decade. His colleague, Keith Campbell, sucked the nucleus out of an egg that had no genes at all, an egg that would soon die if it did not get a new nucleus. Then, he began the process of adding the nucleus of an udder cell to the bereft egg. Campbell slipped an udder cell under the outer membrane of the egg. Next, he jolted the egg for a few microseconds with a burst

of electricity. This opened the pores of the egg and the udder cell, so that the contents of the udder cell, including its chromosomes, oozed into the egg and took up residence there. Now, the egg had a nucleus – the nucleus of the udder cell. In addition, the electric current tricked the egg into behaving as if it were newly fertilized, jump-starting it into action. After 277 attempts to clone an udder cell, Wilmut's group succeeded, and Dolly was created." (Kolata.)

It should be clearly understood and appreciated what had actually been accomplished by the 52-year-old embryologist. His goal, starting out, was to develop animals that could produce drugs for human use. Then, cloned sheep (cheaper than cows) could become living drug factories and might produce valuable drugs much more cheaply than did the methods used by drug

companies. Except cloning from adult, specialized cells, was long considered biologically impossible because of the early differentiation of all cells and their persistence as heart or liver or brain or whatever cells. Accordingly, Wilmut's cloning of an animal should be regarded as the biologic equivalent of the splitting of the atom. In addition, his technique had to be seen as eventually, if not immediately, applicable to human cloning! with all the implications and possibilities. Only ethical considerations, as well as the limits of human imagination, will determine the future of cloning in our society. For example, it is already illegal to clone people in Great Britain, Spain, Denmark, Germany, and Australia, but not in the United States. For those reasons, I can only strongly recommend either of these first two volumes on the subject.

FJR

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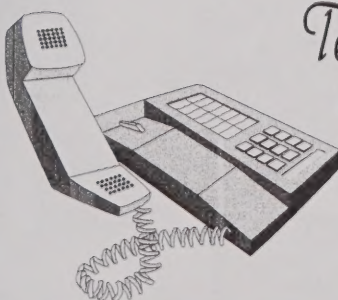
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Carol Nystrom honored at Retirement Dinner

On November 2, 1998, the Delaney House was the scene of a retirement dinner honoring Carol Nystrom for 15 years of service as Executive Director of the Hampden District Medical Society.

Attending the dinner were her family including husband John, daughter Lisa, son Eric, friends as well as several members and staff of the Massachusetts Medical Society and past presidents of Hampden District Medical Society.

Dr. Harry Greene, representing the Massachusetts Medical Society, presented Carol with a clock in recognition for her long years of dedicated and exemplary work on behalf of the Society. Dr. Claudia Koppelman, current President of the Hampden District Medical Society, wrote and read the "Ode to Carol"



Seated: John Nystrom, Eric Nystrom (son), Suzanne Skibinski, and Dr. Alicia Ross. Standing: Lisa Mule (daughter) and Carol Nystrom.

Seated: Dr. Alan Harvey, Judy Potter, Dr. Jean Talati, and Jack McQuaide. Standing: Dr. Mark Mullen, Carol Nystrom and Dr. Claudia Koppelman.





Seated: Winnie Legere, Philip Stoddard, MD, John Papale, M.D. Standing: Carol & Rosanna Czermak



Dr. Harry Greene, II, and Carol

"Ode to Carol"

*You came to be our executive secretary
In the year nineteen hundred and eighty three
Fifteen years hence you still hold the key
To the State's oldest district medical society
Behind the scenes you were a busy bee
For fourteen Presidents you made our job so easy
Making sure "i's" were dotted; you crossed all the "t's"
We never had to be concerned nor to worry
Hampden District was in good hands most definitely
Due to your wisdom, hard work and sincere loyalty.
Though you profess modesty when times like this be
Thank you from us and the Mass Medical Society
We owe much more than just our gratitude to this Lady.*

*And not to forget the man by her side
John, you do know where you put the computer guide,
We thank you too for always being there
Hampden will certainly miss this great pair!!!*

Claudia L. Koppelman, M.D.
President 1998-2000
Hampden District Medical Society



Carol and Dr. John Remsberg



Dr. Claudia Koppelman presents poem
to Carol Nystrom

1998 Women of Distinction Award

On November 4, 1998 at the Delaney House in Holyoke, MA Dr. Alicia Ross was honored by the Western Massachusetts Girl Scout Council for the Women of Distinction Award. Dr. Ross was one of nineteen who were bestowed this honor.

Dr. Ross is manager of the Hematology/Oncology Department at Holyoke Hospital.

In addition to her position at Holyoke Hospital, Dr. Ross is the Medical Director for Hospice Life Care and the Medical Advisor to Visiting Nurses Association of Western Mass. Dr. Ross is the past president of the Hampden District Medical Society and has served as investigator for the Cancer,



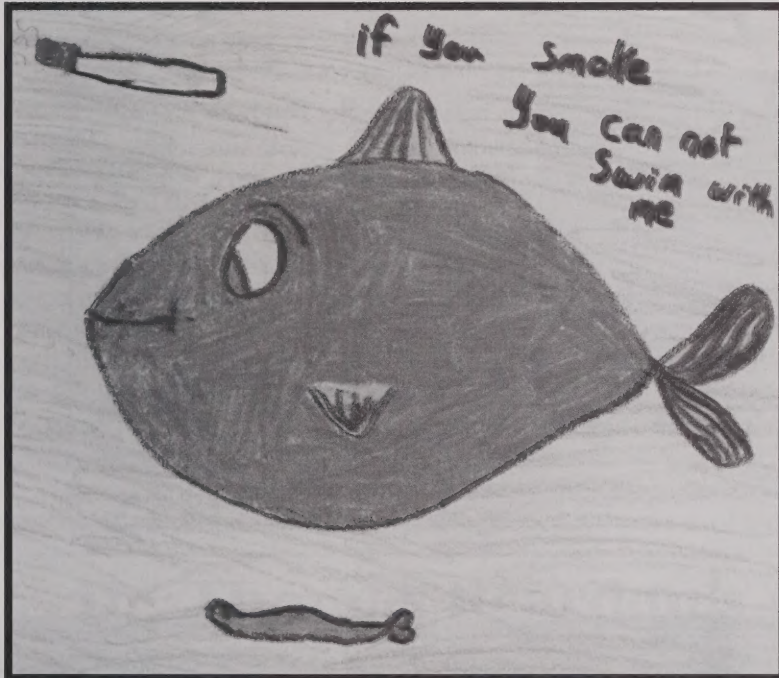
*Susan Tombs, Western MA Girl Scout Council
and Dr. Alicia Ross, 1998 Woman of
Distinction Award winner*

Acute Leukemia Group B, National Surgical Adjuvant Breast Project, and the Eastern Cooperative Oncology Member.

She is a member of the American Cancer Society, American Society of Hematology, Hampden District Medical Society, Massachusetts Medical Society, American Medical Association, Academy of Hospice Physicians, and Hospice Federation of Massachusetts.

Dr. Ross enjoys gardening, cross country skiing, reading, and traveling. She also recently was the chairperson of the Physicians of Tomorrow Project with the Hampden District Medical Society. Dr. Ross is married and has two children.

Longmeadow Student Wins MMS Anti-Tobacco Poster Contest



Morgan Chalfant, age 7, of Longmeadow, MA was the winner in the Age 7-9 Group to win the 1998 Massachusetts Medical Society Anti-Tobacco Poster Contest. She is the daughter of John and Donna Chalfant.

The contest marks the third year of this initiative to educate children about the dangers of tobacco use. The theme for the contest was *"All I Can Be - I won't use tobacco because I want to ____."*

Morgan was sponsored by Dr. Chris Sickle and was presented her award by Mark Goldstein, MD, chairperson of the committee on Student Health and Sports Medicine and Bonnie LaLovoie, president of MA-Med Women's Alliance, at the House of Delegates Meeting which was held at the Hyatt Regency in Boston.



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New Chief of Staff at Shriners Hospital

David M. Drvaric, M.D. of Longmeadow recently became the new Chief of Staff at Shriners Hospital for Children. Dr. Drvaric joined Shriners Hospital in Springfield in 1993 and served as the Director of Graduate Medical Education and as Medical Director of Orthotics & Prosthetics. Dr. Drvaric and his wife Carole have one daughter, Courtney.

Drvaric graduated cum laude with a bachelor's degree in biology from Harvard University and earned his medical degree from Emory University in Atlanta, GA. After completing a one-year internship in surgery at the Duke University Medical Center, Durham, NC, he went on to complete his residencies in surgery and orthopaedic surgery at the same institution, followed by a fellowship in pediatric orthopaedic surgery at the Louisiana State Medical Center/Children's Hospital in Baton Rouge, LA.

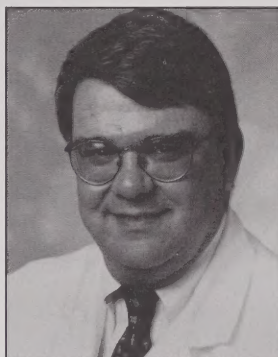
His current academic appointments include associate professor of surgery, Dept of Ortho-

paedics, Boston University School of Medicine and clinical associate professor of surgery, Department of Orthopaedics, Albany Medical College.

Dr. Drvaric, who is a member of a number of professional organizations, is a reviewer for Clinical Orthopaedics and Related Research, a member of the editorial board of the Journal of the Southern

Orthopaedic Association, a medical director of the Orthopaedic Research Foundation - Western Massachusetts, a member of the Continuing Education Committee for the American Academy for Cerebral Palsy and Developmental Medicine, and a past chairman of the Committee on Candidate Members' Services for the American Academy of Orthopaedic Surgeons.

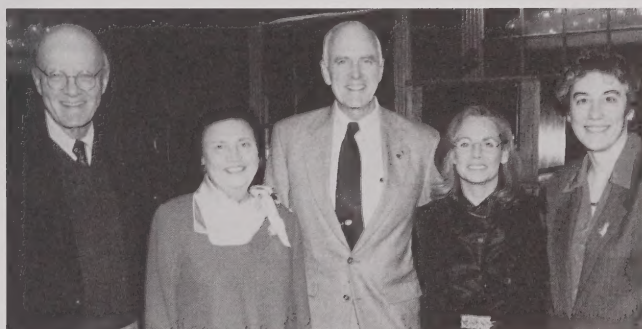
In 1997, Dr. Drvaric was honored with the Robert E. Leach Outstanding Educator Award from the Department of Orthopaedic Surgery at the Boston University School of Medicine.



Dr. Thomas Reardon's visit to Springfield



Drs. Dennis Gordon, James Wang, Steven Metz, Jack Eujy, Pres-elect MMS Claudia L. Koppelman, Pres-HDMS Virginia Latham, Vice Pres MMS, Mohm Rea, Vice Pres HDMS. Sitting: Dr. Thomas Reardon, Pres-elect AMA



MMS-AMA Delegates Leonard Morse, Barbara Rockett, Phillip McCarthy with Dr. Claudia L. Koppelman, Pres HDMS and Dr. Georgia A. Tuttle, Pres, New Hampshire Medical Society.



Dr. David Jackson, Trustee Ham Dist with Dr. Thomas Reardon. Dr. Jack Eujy, Pres. Elect in background



Dr. Reardon with HDMS members

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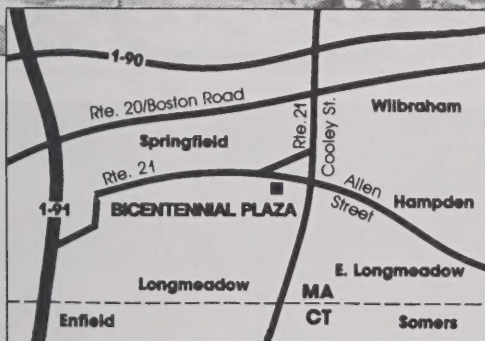
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An annual enrollment fee of \$15 will be automatically deducted from the \$750 drug allowance. Copayments will be \$3 for generic drugs and supplies and \$10 for brand name drugs and supplies.

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This program is administered by the Executive Office of Elder Affairs and the Division of medical assistance.

FIFTY YEARS IN MEDICINE

This year, we would like to congratulate eight physicians who have reached the milestone of 50 Years in Medicine. It is impossible to measure the tremendous impact for good that these caring physicians have had on health care in our community during their years of dedicated service.

Our Society's thanks and congratulations to:

Bruce Alicandri, M.D.

Carroll Bryant, M.D.

Richard K. Douglas, M.D.

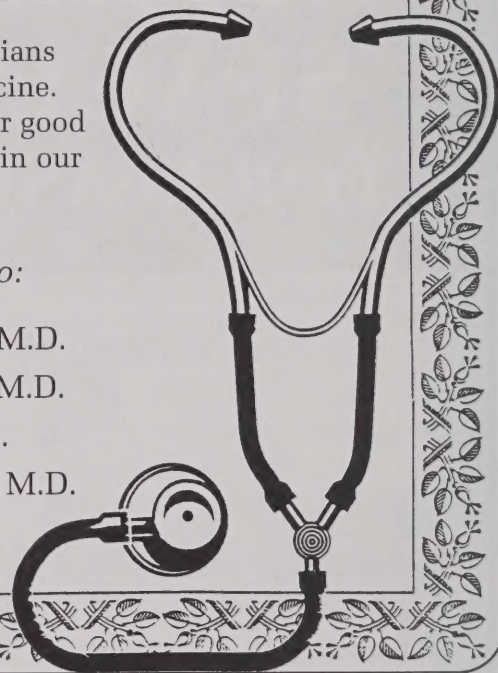
Ellis Joffe, M.D.

Leroy J. Kendrew, M.D.

Edward E. Levitz, M.D.

Omar T. Pace, M.D.

Lewis W. Whiting, M.D.

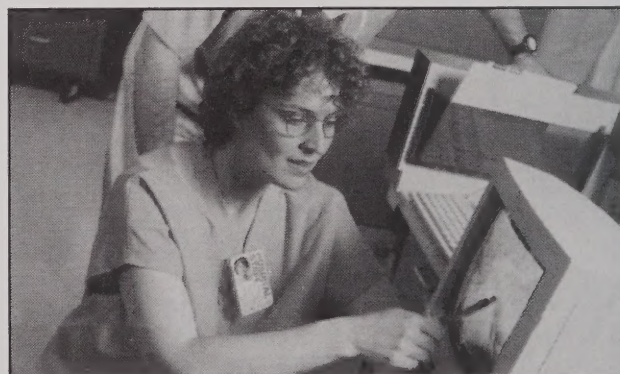
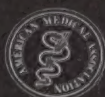


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Hampden District Med. Society
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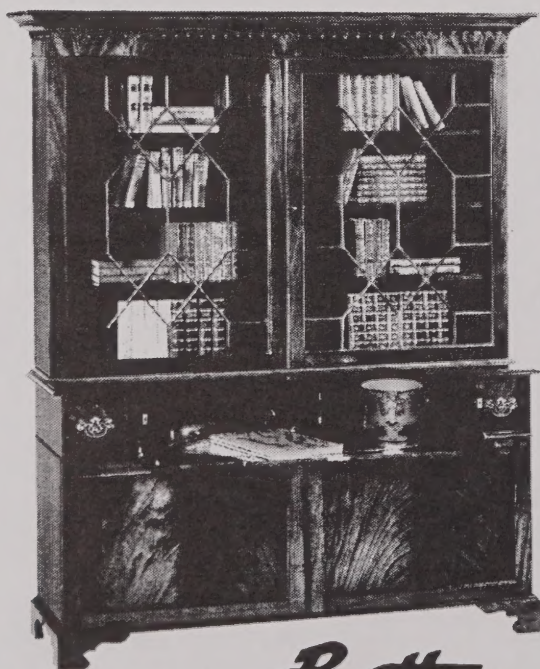
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The 1999-2000 Hampden District Medical Society's nomination for officers and delegates is as follows:

President: Claudia L. Koppelman, M.D.
President-Elect: K.V.R. Mohan Rao, M.D.
Vice President: James K. Wang, M.D.

Secretary: Jean R. Talati, M.D.
Assistant Secretary: Greer A. Clarke, M.D.
Treasurer: Stephen A. Metz, M.D.

DELEGATES

- | | | |
|----------------------------|-------------------------------|------------------------------|
| 1. Augusto G. Asinas, M.D. | 11. Francis D. Horrigan, M.D. | 21. John J. Papale |
| 2. Maura Jo Brennan, M.D. | 12. Jeffrey L. Kaufman, M.D. | 22. Francis J. Riley, M.D. |
| 3. Charles W. Cahill, M.D. | 13. Joseph P. Keenan, M.D. | 23. Michael H. Rosen, M.D. |
| 4. Robert V. Chircop, M.D. | 14. Jose E. Llorens, M.D. | 24. Alicia O.M. Ross, M.D. |
| 5. Daniel Dress, M.D. | 15. Yash P. Malhotra, M.D. | 25. Kevin E. Schmidt, M.D. |
| 6. Daniel P. George, M.D. | 16. R. Gopal Malladi, M.D. | 26. Philip B. Stoddard, M.D. |
| 7. Dennis S. Gordan, M.D. | 17. Matthew B. Mandel, M.D. | 27. James K. Wang, M.D. |
| 8. Peter S. Greene, M.D. | 18. Glen Markenson, M.D. | 28. Murray Watnick, M.D. |
| 9. Stephen V. Hall, M.D. | 19. Stephen A. Metz, M.D. | 29. Jeffrey C. Wint, M.D. |
| 10. Samuel Hellerman, M.D. | 20. Mark J. Mullan, M.D. | |

EX-OFFICIO DELEGATES

James J. Siragusa, Jr., M.D., *Past President of Mass. Medical Society*
Claudia L. Koppelman, M.D., *President of Hampden District Medical Society*
Jean R. Talati, M.D., *Secretary of Hampden District Medical Society*

EXECUTIVE COMMITTEE

- | | |
|----------------------------|---------|
| 1. Matthew B. Mandel, M.D. | to 2002 |
| 2. Jeffrey C. Wint, M.D. | to 2002 |

MASSACHUSETTS MEDICAL SOCIETY COMMITTEES:

Committee on Legislation: Stephen A. Metz, M.D.
Alternate: Jeffrey L. Kaufman, M.D.
Committee on Membership: Robert V. Chircop, M.D.
Alternate: Alicia M. Ross, M.D.
Committee on Nominations: Mark J. Mullan, M.D.
Alternate: Claudia L. Koppelman, M.D.
Committee on Tax-Supported Medical Care: Dennis S. Gordan, M.D.
Alternate: Savvas Papazoglu

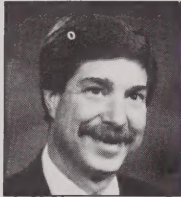
NOMINATING COMMITTEE:

James K. Wang, M.D. 2000-2001
Philip Stoddard, M.D. 2001-2002
Charles W. Cahill, M.D. 2002-2003

This report is submitted by the 1999 Nominating Committee: Stephen A. Metz, M.D. Chairperson
James K. Wang, M.D.
Philip B. Stoddard, M.D.

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231 Main Street • Northampton, MA 01060

Medical: King's College School of Med. U.K., 1992

Internship: Baystate Medical Center, Spfld.

Residency: Baystate Medical Center, 1995-1998

Specialty: Internal Medicine

Sun-Tien Lin, M.D.

125 Liberty Street, Suite 204 • Springfield, MA 01103

Medical: Taipei Medical College, Taipei, Taiwan
1980

Internship: Metrowest Medical Center, Framingham
MA 1989-1990

Residency: Metrowest Medical Center, Framingham
MA 1990-1992

Specialty: Internal Medicine

Cecilia L. Concepcion, M.D.

Western Mass Pediatrics

18 Hospital Drive • Holyoke, MA 01040

Medical: Far Eastern Univ, Manila, Philippines,
1989

Internship: St. Luke's - Roosevelt Hospital Center
NY, 1992-1993

Residency: St. Luke's - Roosevelt Hospital Center
NY 1993-1995

Specialty: Pediatrics

Andrew Stenson O'Connor

180 Beauchamp Terrace #2 • Chicopee, MA 01020

Medical: Kirksville Coll. of Osteopathic Med.
Kirksville, MO 1996

Internship: Doctor's Hospital-IM, 1996-1997
Baystate Med. Int. Med. 1997-1998

Residency: Baystate Med Center 1998-2000

Specialty: Internal Medicine

Gabriella Kovi, M.D.

165 Tor Court • Pittsfield, MA 01201

Medical: University of Pers, Hungary, 1983

Internship: Berkshire Medical Center, 1990-1991

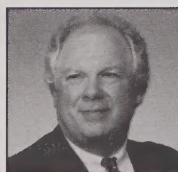
Residency: Albany Medical Center, 1991-1994

Specialty: Anesthesiology

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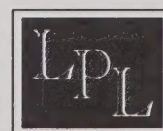


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NY 1995-1996, Sisters of Charity, Buffalo
NY 1996-1997
Residency: Baystate Medical Center, 1997-1999
Specialty: Internal Medicine

James M. Pribula, M.D.
Western Mass Physicians Association
18 Hospital Drive • Holyoke, MA 01040

Medical: St. Georges Univ. School of Medicine
Grenada, WI, 1982
Internship: Jersey Shore Medical Center, Neptune
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Residency: St. Barnabas Medical Center, Livingston
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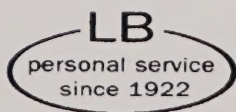
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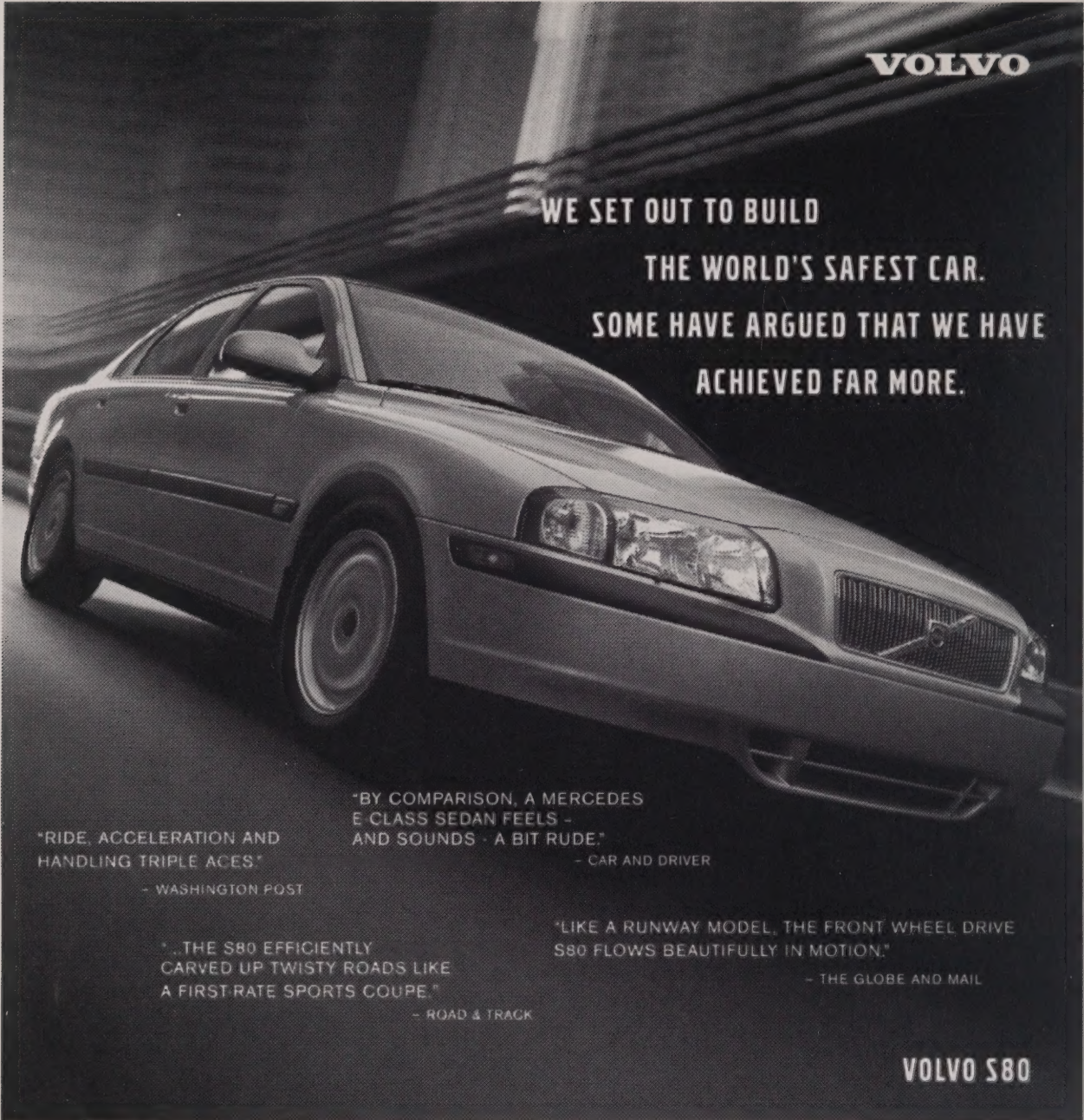
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